Advanced virological and clinicopathological studies on cattle suffering from Foot and Mouth Disease virus

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Abstract

Some strains of Foot and mouth disease virus (FMDV) are endemic in Egypt. The present study was performed on cattle and buffaloes (ages: 3 months up to 1.5 years old, of years 2015 and 2016), which were suffering foot and mouth disease (FMD). Sera and tissues samples were tested by different techniques including serum and virus neutralization tests (SNT, VNT), virus isolation and identification by tissue culture methods, Enzyme linked immune-Sorbent Assays (ELISA); and by the pathological and hematology techniques. The results showed the predominance of FMDV serotype O with the presence of serotypes SAT2 and A. The results showed the pathologic picture of FMD was similar regardless its specific subtypes, as apparently the studied strains produces same pathological and hematological changes. Microscopic examination reveals severe hydropic degenerations and necrosis in most affected organs, accompanied by significant changes in blood parameters which indicate severity and direct effects of FMDV on the hematopoietic system. These findings indicates the mode of pathogenesis of FMD virus in its way to exhibits the characteristic symptoms of illness. However, the investigation showed the presence of FMDV type O, A and SAT2 in the studied areas of delta governorates. It is important to focus on producing of vaccines which have only these serotypes as solution to get rid of the endemic behavior of FMDV in delta of Egypt.

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Introduction

Foot and mouth disease (FMD) is an old and well known acute illness that characterize by fever, local and systemic lesions and short incubation periods (3-6 days). Foot and mouth disease virus (FMDV) (RNA genome of family Picornaviruses, genus Aphthovirus) cause high morbidity and low mortality of infected animals (cattle, buffaloes, swine, sheep, goats, and many other cloven-hoofed ruminants, wild ruminants of all species of deer and antelope as well as elephant, and giraffe). However, human being and higher primates are accidentally infected with non-fundamental outcomes. Carriers’ animals are present and infections need only direct contact with infectious materials. FMD mortality rates are high in young animals that exceed 50% resulting from cardiac stroke (sudden deaths) but lower to 5% among adults. The pathological lesions of FMD develop 2-14 days post infection. The seven antigenic serotypes of FMDV have been identified by the cross immunity tests, unless they possess certain general structure that make them all cross react to variable strength in complement fixation tests. There is also a wide variation in serological specificity within each serotype. Each of FMDV serotypes appears to consist of several subtypes. FMDV capsid constructed of four distinctive types of structural proteins (SP; VP1-V4). However, other proteins were detected as results of infection and propagation of viruses refers to them as non-structural proteins (NSP) which have certain values in differentiating between infected and vaccinated subjects (DIVA). Experimental studies on susceptible cattle classify FMDV by serological procedures on blood to seven serotypes (strains): O, A, Asia-1 and the South African Territories (SAT) (types: SAT1, SAT2 and SAT3), and type C. Subsequent analysis by reverse transcriptase (RT) polymerase chain reactions (PCR) technology (RT-PCR) showed the presence of subtypes for each serotype (Coetzer & Tustin, 2004; Fauquet et al., 2005; World Organization for Animal Health, OIE, 2016; Alexanderson et al., 2002; Bastos et al., 1999; Beard & Mason, 2000).

FMD infected cattle showed a significant decrease (P<0.01) in the erythrocytes count (RBCs) and hemoglobin (Hb) content (Mohapatra et al., 2005; Dhanda and Gopalkrishna, 1948). However, it was reported that RBCs count in the FMD infected group was significantly decrease (P<0.05), while MCV values were significantly higher; these findings may indicate anemia (Gurbuz et al., 2004). Andin FMD infected sheep showed significant increase in PCV (Al-Rukibat et al., 2015). Also, found that PCV was higher in FMD infected animals than in healthy ones (Elitok et al., 2005).

The aims of this study are to investigate the current situation of FMD in cattle and buffalo in Egypt, to investigate clinical and histopathology of FMDV and showing new aspects that may help in controlling this disease.

Materials and Methods

Animals:

1-Animals enrolled in virology studies: The present study performed on 100 apparently sick cattle and buffaloes from different ages (from 3 months up to 1.5 years old) in different localities in delta governorates.

Samples for virological investigation; a total of 300 samples (sera, tissues) were collected from cattle and buffaloes, 60 buffaloes and 40 cattle ages 3 months up to 1.5 years, animals included in this study were not vaccinated against FMD.

2- Animals enrolled in clinical pathology studies: Fifty cattle aged between 1 and 1.5 years were used in this study and divided into two groups. First group (gp-1) forty (40); diagnosed cattle with FMD. The second group 10 cattle were tested free from FMD were used as control.

Samples for haematology; peripheral blood samples collected from the jugular vein into EDTA treated tubes used to establish total red blood cells (RBCs), haemoglobin concentration (Hb), packed cell volume (PCV), erythrocyte indices (mean corpuscular volume (MCV), mean corpuscular haemoglobin (MCH), and mean corpuscular haemoglobin concentration (MCHC)), total white blood cell and differential leucocytic count manually (Feldman et al., 1986).[12]

Statistical analysis:

The obtained data were analyzed by using t-student test according to SPSS 14 (2006).[13]

3- Histopathology: Tissues specimens collected (5 mm diameter, kept in 10 % formalin solution) from the Dead animals that suffering FMD were undergoing pathological examination. Only the positive FMD tissue specimens were undergoing pathological tests. However, about 50 tissues samples were collected from dead
cattle and buffaloes aged 6 months to 1 year old. These samples are liver, tongue, heart, kidneys, skin, spleen, and intestine. The samples were processed to prepare 5 micron thickness of histopathological slides, and then stained by H&E (Hematoxylin and eosin), special stains (Hematoxylin and fuchsins). The slides were examined by light microscope. The procedures were referenced according to (Clayden, 1971), (Lillie & Fullmer, 1976).

3- BHK Cell lines: Darby hamster kidney cells (BHK-21) were prepared and provided by VACSERA Egypt. The BHK cells were used for adaptation of FMDV, virus titration as well as serum neutralization test (SNT).

6- Tissue specimens for FMDV isolation in tissue culture: Skin biopsies, comprising epidermis and dermis of the ulcerated mouth lesions, were collected from local cattle and buffaloes. Also, samples and tissues specimens from dead animals were collected aseptically in 15 ml sterile tubes and stored at -20°C until used. The procedures were performed according to Payment & Trudel, 1993.

5- Infectious FMDV: The viruses used in this study are the locally isolated FMDV strains (O/ ME-SA/ Sharqia 72), (SAT2/V11/ Ghb-12), (A/ Africa/ G-1V) that identified by reference laboratory of FAO (WRLFMD) in the Institute for Animal Health, Pirbright, England.

6- Titration of FMDV and determination of infectious dose (ID50): Titration of the virus was according to Reed and Muench's method. (Reed and Muench, 1938)

7- Virus Neutralization test: This test was used to determine the neutralizing antibodies of FMDV in sera samples of infected animals that able to neutralize FMDV and prevent infection of culture cells. (Payment & Trudel, 1993)

9- Manual ELISA method for Detection of anti-FMDV antibodies in blood of cattle and buffaloes:

![Figure (14): FMDV infected BHK-21 cells culture and Cyto-Pathic Effect (CPE) in the form of cells rounding and detachment, granularity of the cytoplasm and complete cell lysis.](image-url)
8- PrioCHECK FMDV NS Antibody ELISA Kit (Thermo Fisher Scientific, Inc): It is an ELISA that detects antibodies against the highly conserved non-structural (NS) protein of the FMD virus. The test can therefore be used for all species.

5- FMDV antigen detection and serotyping: Enzyme linked immunosorbent assay (indirect sandwich ELISA): (Instituto Zooproflettico Sperimentale della Lombardia dell ‘Emilia Romagna (IZSILER), Brescia, Italy; Ferris et al., 2011.)

The component of indirect sandwich ELISA kit design to detect FMDV serotypes O, A, C, and Asia 1, and SAT-2. {BDSL, IAH, Pirbright, UK; Ferris and Dawson, 1988}. The product is produced by the reference laboratory of FAO, IZSILER: Brescia, Italy.

Results

Clinical symptoms:

The present study was performed on 100 clinically diseased cattle and buffaloes of different ages (from three months to 1.5 years old) from different localities in delta governorates years 2015 and 2016. The animals suffered fever (40°C - 41°C), lameness, lacrimation, excessive salivation, bloody mouth discharges, oral erosions, different lesions (vesicles, ulcerations, salivation), foot lesions (ulcerations on the inter-digital space with lameness), teat lesions (vesicles and ulcerations on the teat with difficulty on milking due to pain), and sudden death mostly in young animals. Mortalities were recorded high among cattle and buffaloes less than 3 months old. Figures (1-5).

Post-mortem examination: Macroscopic lesions of FMD in young animals are in the myocardium, liver, kidneys, intestine, tongue, mouth cavity, nostrils, blood vessels, and skin. Lesion of heart are forming whitish streaks on myocardium separated by dark and congested areas in longitudinal shapes giving the pathognomonic lesion of FMD in the young infected animal. Skin showed vesicles and erosions usually seen in the areas of soft tissues: mouth, muzzle, nostrils, foot, udder, vagina, and anal area, base of horns, conjunctiva.

Foot and mouth disease virus (FMDV): A field strains (serotypes O, A & SAT 2) of FMDV were isolated during the outbreaks of the disease in Egypt by Animal Health research Institute, Egypt. These virus strains were identified by the FAO World Reference Laboratory for Foot-and-Mouth Disease (WRLFMD) of The Pirbright Institute, England. They were used for cell culture adaptation and propagation, serum neutralization test and as reference guide of other tests.

Reed &Muench methods: calculating the 50 % endpoint of virus activity (TCID50): The data in table (1) illustrates the procedure used in the Reed-Muench method for calculating the accumulated values of infected and uninfected cell culture tubes. The dilution which would be expected to yield 50% positive (CPE) tubes is seen to lie between 10-3 and 10-4 and will, in fact, be located at the proportionate distance from 10-3. The necessary proportionate distance (PD) of the 50% infectively end point is obtained. The dilution of reference virus selected for the neutralization test is usually 100 times stronger than the 50% end point.

Viral isolation results: Samples used for isolation were collected from animals which showed severe clinical symptoms and FMDV positive infections with FMDV by using various serological examination. FMDV isolation trials from tissue samples were using BHK-21 cell lines. All samples were collected during active infection and from feverish animals (i.e. during circulation of viruses in blood; vireamia). Tissue culture infected cells showed cytopathic effects (CPE) in the form of rounding of cells, abnormalities on cytoplasm and cytolysis.

The cultures showed CPE were subjected to test by antigen detection ELISA (IZILER), the results were shown in table (2).

Conventional ELISA: This test performed to detect anti-FMDV antibodies in sera samples. The results were shown in table (2). However, it was observed that sera gives positive reaction in this test is sometimes but not always gives positive reaction with PrioCHECK ELISA.

Virus neutralization test (SNT): Results were shown in table (2). It was observed that the Sera samples which exhibits positive reactions by conventional ELISA were giving positive reactions by SNT test.

The PrioCHECK FMDV NS ELISA: It is an ELISA that detects antibodies against the highly conserved non-structural (NS) protein of the FMD virus. The test can therefore be used for all species. The positive reactions mean the presence of infectious agent of FMDV. The
Figure 1: Animals infected with FMD, showed lameness, arched back, emaciation and general fatigue.

Figure 2, 3, 4: Buffalo calves (1 year old) showed lacrimation, fever, and salivations tinged with blood.
Figure 5: cattle (1 year old) showed lesions on mouth in the form of ulcerations accompanied by excessive salivations.

### Table (1): Virology Results

<table>
<thead>
<tr>
<th>Sample no.</th>
<th>animal</th>
<th>Serological tests</th>
<th>FMDV isolation On</th>
<th>FMDV-Antigen Detection (Ezler)</th>
<th>symptoms</th>
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<tr>
<td></td>
<td></td>
<td>SNT</td>
<td>ELISA Anti-FMDV</td>
<td>ELISA Pri-check</td>
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<td>10</td>
<td>+</td>
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</table>

Table (1): Virology Results
results were shown in table (2). However, it was observed that the results of this test are not in accordance with results of antigen detection indirect ELISA test.

FMDV antigen detection and serotyping: Enzyme linked immunosorbent assay (indirect sandwisch ELISA (IZLER): Cultures that gives positive CPE were subjected to this test, results were shown in table (2). The results showed that strain O was predominates but strain A is also present in considerable ratio.

Results of pathology and clinical pathology

Microscopic picture:
Kidneys: shows vacuolar degenerations, tubular casts, and necrosis in both medulla and cortex Liver: showed excessive degeneration, mostly vacuolar, mononuclear cells aggregations, thrombosis, and necrosis. [Figures 6, 7]
Spleen:
Showed depletion of WBCs and necrosis in walls of central arterioles. [Figure 8]
Tongue:
Showed vacuolated stratum spinosum, stratum corneum showed swollen cells in areas adjacent to the erosions with separation between basal cell layer and the stratum spinosum. Inflammatory cells infiltrates the skin mostly neutrophil and lymphocytes. Intracytoplasmic rounded inclusion bodies seen in cells of the basal membrane and stratum spinosum which showed vacuolar degeneration. [Figure 9]
Heart:
In young animals, myocarditis aphthosa, it is the picture of the degeneration and necrosis of myocardium, lymphocytic infiltrations gives the whitish appearance of the lesion. Congested blood vessels and areas of infarctions are seen. In severe infections, large animals showed myocarditis and endocarditis with accumulation of fluids in the epicardium. [Figures 10, 11]
Liver: Showed hydropic degeneration, hemorrhages and focal areas of necrosis. [Figure 12]
Gastrointestinal tract:
Congested mucosa, hydropic degenerations along the mucous membranes of mouth, esophagus, abomasums, rumen, intestine, Erosions seen in the rumen and intestine. Congestions and streaks of hemorrhages, the submucosal tissues showed congested blood vessels and hemorrhages, lymphocytic infiltrations encountered in the intestine, and some lymphocytes, intracytoplasmic inclusion bodies also seen in the intestinal cells. [Figure 13] (Jones & Hunt, 1983).  

Haematological Findings: Tables (3, 4)

The erythrogram for samples collected from cattle infected with FMD and healthy control were figured in (Table-3). The infected cattle with FMD showed significant decrease in RBCs count, Hb concentration and PCV (normocytic normochromic anemia) while control group were showed normal values with significant variation compared to infected group (P<0.01). While non-significant difference were determined in the erythocytic indices (MCV, MCH, MCHC).

Meanwhile, Leucogram demonstrated significant leukocytosis and lymphocytosis (P<0.01) in comparison of ELISA was found to detect infected animals and to enables researcher to differentiates between infected and vaccinated animals (DIVA). Our findings are in

<table>
<thead>
<tr>
<th>Virus dilutions</th>
<th>Infected culture</th>
<th>Uninfected culture</th>
<th>Accumulated values</th>
<th>Ratio infected</th>
<th>Percent infected</th>
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<td>13</td>
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<td>$10^{-3}$</td>
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<td>1</td>
<td>2</td>
<td>0</td>
<td>2/4</td>
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<tr>
<td>$10^{-4}$</td>
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<td>3</td>
<td>0</td>
<td>9</td>
<td>0/9</td>
</tr>
<tr>
<td>$10^{-5}$</td>
<td>0</td>
<td>5</td>
<td>0</td>
<td>9</td>
<td>0/9</td>
</tr>
</tbody>
</table>
Figures 6: kidneys (dead cattle less than 1 year old) showed severe hydropic degeneration of renal tubular epithelium accompanied by dilated renal tubules, vesicles formations and casts (arrows). (H&E, X 100)

Figures 7: kidneys (dead cattle less than 1 year old) showed severe hydropic degeneration of renal tubular epithelium accompanied by dilated renal tubules, vesicles formations and casts (arrows). (H&E, X 60)
Figure 8: Spleen (dead cattle less than 1 year old) showed severe depletion of lymphocytes with necrosis of endothelial lining or splenic arterioles (arrows). (Hematoxylin and fuchsin X 60)

Figure 9: Tongue (dead cattle less than 1 year old) showed vesicular nuclei of stratum corium epithelium which suffering hydropic degeneration. Esinophilic intranuclear inclusions were seen surrounded by hallow zone (arrows). (Hematoxylin and fuchsin X 60)
Figure 10: Heart (dead cattle less than 1 year old) showed area of extravasated blood with few inflammatory WBCs (arrows). (Hematoxylin and fuchsin X 40)

Figure 11: Heart (dead cattle less than 1 year old) showed vesicular nuclei of myocytes which suffering hydropic degeneration. Some inflammatory cells (neutrophils, eosinophils, lymphocytes) substitute an area of necrosis inside myocardium bundles (arrows). (H &E, X 40)
Figure 12: liver (dead cattle less than 1 year old) showed hepatocytes suffering hydropic degeneration. And necrosis (H&E, X 60).

Figure 13: Small intestine (dead cattle less than 1 year old) showed hydropic degeneration, congested blood vessels, inflammatory cells (H&E, X 30).
Table (4): Leucogram (absolute values × 10³/ml) of affected cattle with FMD (mean values ± SE)

<table>
<thead>
<tr>
<th>Parameters</th>
<th>FMD group</th>
<th>Control group</th>
</tr>
</thead>
<tbody>
<tr>
<td>WBCs</td>
<td>12.30 ± 0.27*</td>
<td>10.15±0.36</td>
</tr>
<tr>
<td>Neutrophils</td>
<td>2.76 ± 0.40</td>
<td>3.51±0.18</td>
</tr>
<tr>
<td>Lymphocytes</td>
<td>8.97±0.33*</td>
<td>6.37±0.34</td>
</tr>
<tr>
<td>Monocytes</td>
<td>0.30±0.02</td>
<td>0.32±0.08</td>
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<tr>
<td>Eosinophils</td>
<td>0.27±0.02</td>
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<tr>
<td>Basophils</td>
<td>0±0</td>
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</tbody>
</table>

*Significant at P<0.01 using t- student test.
Discussion


According to (WRLFMD) the FMDV strains known to have been circulating in Egypt during years 2015 - 2016 are, according to the data available at the Egypt page of WRLFMD, the following: 1. O/EA-3 (Serotype O, topotype EA-3, lineage unnamed): 2. A/ Africa/ G-1V (Serotype A, topotype AFRICA, lineage G-IV): 3. SAT2/ V11/ Alx-12 (Serotype SAT 2, topotype VII, lineage Alx-12).

The difficult of eradication of FMD owned to the viral complicated nature. This complication is resulted from the continuous mutations in RNA genome of this virus. Moreover, the antigenic drift have certain role in the evolutionary behavior of FMDV and the presence of quasi-species. It was observed that serial passage of a serotype of FMDV in cell cultures in the presence of increasing concentrations of specific antiserum led to the emergence of antigenic variants. The potential practical importance of antigenic drift was seen when an antigenic changed virus recovered from vesicles developing in cattle that was partially immunized with the formalin inactivated vaccine and after thirty-four serial passages of the virus through the vaccinated cattle. The occurrence of antigenic drift with FMDV suggests that the immunity that follows recovery from infection are fading rather rapidly, so that re-infection with the homologous strain can occur and produce enough virus (in the primary or secondary lesions) to infect other animals (Burnet, 1960; Brooksby, 1958; Davie, 1962; Hyslop and Fagg, 1965; Hyslop, 1965).

The PrioCHECK @ FMDV NSP-ELISA is a single dilution test and a blocking ELISA; wherever FMDV NSP specific antibodies are designed against FMDV NSP that expected in the tested samples and would bind to the 3 ABC proteins and resulting in blocking the binding of the mAb-HRPO. The optical density is expressed as percentage inhibition (PI) relative to optical density maximum (OD of negative control) from this equation: 

PI (percentage inhibition): (100-OD of sample/OD maximum) × 100. The results were interpreted as PI less than 50 % is negative, that means antibodies against NSP of FMDV are absent in the tested samples and that PI more than 50 % is positive meaning that antibodies against FMDV NSP are present in the tested samples. This type accordance with Habashi et al., (2012) who stated that the test for antibodies to NSPs is a significant advance in the detection of carrier animals. However, this test has limitations and cannot be used reliably on individual animals to exclude the possibility that the animal may be a carrier of live virus even when used on an entire herd; the test does not constitute a guarantee. NSP-ELISA test including our commercially used kit are not 100% sensitive and then it cannot be used at the level of individual animals to exclude the possibility that the animal may be a carrier of live virus. At the herd level it possible to diagnose a previous encounter with live virus and determine the potential for the presence of carriers. However the estimated true prevalence could be considered for the prevalence rate correction during sero-surveillance studies.

It was observed that the samples tested positive FMDV isolation was from animals showing symptoms in the form of fever and mouth lesions of FMD. The obtained results showed FMD infections usually have unique characters, which can give clear guide of clinicians about the diagnosis of this disease because of the continuous circulations of FMDV in Egypt. These given data suggested the difficulty of eradication of this disease. Our findings are in accordance with FAO/ WRLFMD.

Replication is cytoplasmic and attachment of FMDV to cell membrane. After genome replication within the cytoplasm, assembly and progeny viruses accumulate waiting for cell lysis and new beginning. Our findings are in accordance with Eiltok et al., (2005).

In the present study, hematological changes in FMD affected cows showed significant decrease of RBCs, Hb and PCV values with normal values of MCV and MCHC indicating presence of normocytic normochromic anemia. Mohapatra et al., (2005) found that FMD caused a significant decrease (P<0.01) in the RBCs count and content of Hb in cattle. Decrease, in the Hb content in FMD affected cattle was also reported by Dhanda and Gopalkrishna (1948). Gurbuz et al., (2004) reported that RBCs count in the FMD group was significantly decrease (P<0.05), while MCV values were significantly higher; these findings may
indicate anaemia. Al-Rukibat et al., (2015) recorded significant increase in PCV in FMD infected sheep. Also, Elitok et al., (2005) found that PCV was higher in FMD infected animals than in healthy free ones. However, from our histopathology of kidneys of infected animals it was observed that it suffers degenerations and focal necrosis in both cortex and medulla, and as erythropoietin is a vital substance produced by the kidneys and is responsible for synthesis of RBCs (erythropoiesis), one could explain main reason for anemia in FMD infected animals (Jubb et al., 1991).

Leucogram of FMD affected animals showed leukocytosis with lymphocytosis. Our work is in accordance with Mohapatra et al., (2005) who stated the same results in all ages of infected animals with FMD. Elitok et al., (2005) found that leucocyte count in FMD infected sheep was higher than normal level (over 10,000 cells/ul), mean neutrophil count (22.2%) less than control (34.7%), lymphocytosis was (75.4). Al-Rukibat et al., (2015) mentioned that there was a significant increase in eosinophil percentage in FMD positive sheep. The increase in total leucocytes count was mainly due to increase in lymphocytes; and this findings are in agreement with Ghanem & Abd El-Hamid (2016).

Conclusions

It could conclude that the virology investigations show the predominance of FMDV serotypes O, A, SAT2. However, the clinical and pathological studies showed the mode of pathogenesis of FMD inside infected animals.

References


18. FAO World Reference Laboratory for Foot – and Mouth Disease (FRLFMD) 2006 - 2017 the Pirbright Institute, UK.


